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Play Products for children with special needs

Rainy Day Therapist Kit Playaway Toy Co

Features and Benefits:

- Lightweight
- Durable
- Wide Age Range
- Inviting Due to Uniqueness
- Innovative
- Many Accessories
- High Quality
- Connects Securely
- Soothing
- Promotes Active Play
- Portable
- Clearly Written Instructions

The Rainy Day Therapist Kit is an excellent resource for therapists and a wonderful tool for families to have in their homes. The kit is used inside of doorways for fun anytime day or night, rain or shine. The kit includes many attachments: strap swing, hammock, glider swing, trapeze bar, and baby swing with a two point harness. The support bar is the center of all the action. It fits in doorways from 29"-36" wide and stays put via tension, but can be screwed in for added stability and does not stop the door from closing. All of the attachments hook to the support bar with pelican hooks. Accessories hold 70-175 pounds providing a wide age range of children the ability to use the accessories suitable for the entire family. *Other accessories are sold separately and are compatible with the support bar. Attachments should be removed from doorway when not in use.*

Developmental Processes Promoted :

- Visual Processing
- Visual Tracking
- Visual Attention
- Cause and Effect
- Object Recognition
- Action Concepts
- Spatial Relationships
- Reaching/Arm Extension
- Core Strengthening
- Coordinated Movement
- Physical Range of Motion
- Proprioceptive Input
- Balance
- Motor Planning
- Weight Shifting
- Foot Placement
- Turn Taking
- Sequential Thought
- Bilateral Coordination



ableplay RATING
serial #PLWY-RDTK-0401-13
Playaway Toy Co
Rainy Day Therapist Kit

DISABILITY CATEGORY	RATING (1-5)
Physical	★★★★★
Sensory	★★★★★
Social/Emotional	★★★★★
Cognitive	★★★★★
Communicative	★★★

www.ableplay.org
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Independent evaluation by National Lekotek Center



"The Rainy Day Therapist Kit offers so many options for my son to be active inside! He especially loves the hammock which soothes and relaxes him with the swaying motion and cocoon like netting. My son fights naps every day, but he will nap in the hammock!" –Mom, Chicago, IL



AblePlay is an online resource at www.ableplay.org that provides comprehensive research, ratings, and reviews on toys and products that are a good fit for children of all abilities. AblePlay is a division of the National Lekotek Center, a not-for-profit organization dedicated to providing children who have disabilities access to the benefits of play experiences. Lekotek believes that toys and play can help children with special needs learn, develop and thrive in a world that presents them with many unique and complex challenges.

Communicative

Description

The Rainy Day Therapist Kit is durable and made in the USA.

The Rainy Day Therapist Kit includes 5 attachments with the option to add other accessories. *Note: All other attachments sold separately.*

Swinging is very rhythmic and may help soothe a child who is overwhelmed or anxious.

The attachments offer a wide age range and maximum weight limit of 175 pounds giving children the opportunity to enjoy the Rainy Day Therapist Kit.

Expressive and receptive language skills are not necessary for successful play.

This is an independent activity for one child to do at a time.

Skills

The physical activity of swinging on the Rainy Day Therapist Kit gives children's bodies vestibular and proprioceptive input that has been shown to help focus and attention.

Children learn to communicate and negotiate with each other because the Rainy Day Therapist Kit is for one child at a time. This promotes practice in social etiquette like sharing, turn taking and waiting.

Spatial awareness and awareness of others is promoted as children swing in the doorway.

Children can gain practice and confidence in verbal negotiations as they learn how to take turns on the attachments.

Simple one-word communication such as, "more," "push," and "stop" can be encouraged during play.

Play Ideas

Each time a caregiver gives the child push he must say a word in a category. For example, the topic is fruit and the child can respond with apples, blackberries, etc.

Pretend play can be incorporated into play by using stuffed animals to push in the baby swing or hold onto while sitting in the hammock.

A caregiver can periodically stop pushing the child in the swings so he needs to verbally request, "More, please" or utilize sign language to request what he wants.

Have the child read a book out loud while sitting in the hammock swing. The secure feeling of being enveloped in the swing may help a child focus on the book.

Adaptation Ideas

Place all components of the Rainy Day Therapist Kit in a box and Velcro photos of the attachments for the child to select which one they want to use.



Cognitive

Description

The Rainy Day Therapist Kit is durable and made in the USA.

The Rainy Day Therapist Kit includes 5 attachments with the option add other accessories.

The attachments offer a wide age range and maximum weight limit of 175 pounds giving children the opportunity to enjoy the Rainy Day Therapist Kit.

This indoor kit has enough attachments to provide variety to play without overwhelming the child.

A child's cognitive abilities, focus and mood can all be positively affected through active play by using the attachments.

The Rainy Day Therapist Kit encourages repetitive play. Children learn through repetition.

Skills

The vestibular and proprioceptive input a child receives while swinging on the various attachments can assist in focus, attention, thus positively affecting cognitive development.

The attachments allow for variations in swinging and play and allow the child to make choices during the activity.

The attachments provide cause and effect learning, for example, how to sit on the strap swing and pump legs to swing back and forth.

Action concepts like up and down or push and pull can be incorporated into play.

Problem solving skills develop as children learn how to get on and off the swings.

Spatial awareness and awareness of others is promoted as children swing in the doorway.

Memory and recall skills are encouraged as a child repeats tasks such as pumping legs to swing or holding the trapeze bar to swing and flip.

Children learn to communicate and negotiate with each other because the Rainy Day Therapist Kit is for one child at a time. This promotes practice in social etiquette like sharing, turn taking and waiting.

Play Ideas

A caregiver can provide the child with verbal directions like, "Lift your left leg over the glider swing to get on."

A caregiver can point to the attachments and ask the child to verbally identify the swing.

A caregiver can give the child a beginning push on the swings, but then sequential thought processes can be encouraged to continue swinging.

Child can pretend play that the glider swing is a canoe and they are rowing the boat along.

Encouraged focused quiet time by having a child read a book in the hammock swing.

Adaptation Ideas

Label each attachment with the weight limits for easy access during play.

Use a kitchen timer or stopwatch to show how long each child has on the swing before his turn is complete.



Physical

Description

The Rainy Day Therapist Kit is durable and made in the USA.

The many attachments provide different positions for sitting/upright swinging or lying down allowing for optimal positioning during play.

The many attachments and variations of size and weight limits offer children a wide range of options for play as they grow.

Play with the Rainy Day Therapist Kit helps promote activity and movement.

The attachment heights are adjustable to accommodate the size of the child using the Rainy Day Therapist Kit.

Play with this kit helps promote physical activity and movement.

The attachment suspensions are made of ropes, not chains that can pinch fingers.

The length of the accessories' ropes can be altered to provide optimum height for individual children.

The attachments are connected by a ring around the entire tension bar. There are no welding points that could break.

Skills

Motor planning skills are developed as the child learns how to move and balance their bodies to swing.

The attachments provide a hands-on approach to learning encouraging gross motor skills.

Children enhance eye-hand coordination as they reach out and grasp the bars of the trapeze or ropes of the strap swing while swinging.

Whole hand grasp and hand strength are encouraged as the child holds on to the attachments while swinging.

The attachments provide incentive, purpose and interest for the child to develop core strength.

The glider swing provides opportunities to practice foot placement, weight shifting and reciprocal leg movements, all of which help increase core strength.

Pumping feet on the swings helps to develop sequencing and motor coordination skills.

Children can learn concepts such as the force of gravity and spatial awareness while using the swings and other attachments.

Balance and core strength are worked on when children swing on the attachments.

Balance reaction is heightened as children learn to correct changes in movement while on the attachments.

Body awareness is promoted especially when children are using the glider swing depending on the width of the doorway.

Play Ideas

Children can take turns pushing each other using the strap swing attachment.

A caregiver can motivate the child to pump his legs harder and swing higher by asking him to touch the caregiver's hands with his feet.

Note: Height of swinging should be in moderation as it is an indoor doorway swing.

A caregiver can attach toys to the removable bar on the baby swing for the child to reach and extend arms to play while swinging.

The child can incorporate pretend play while pushing stuffed animals in the swings. This encourages practice in perception and balance.

A caregiver can play catch with the child in the baby swing or hammock using soft, small balls.

A caregiver can hang the trapeze attachment and the child can throw different size balls through like a goal post.

Adaptation Ideas

A caregiver can stabilize and help support the child by using a pillow or blanket to help them sit up in the hammock.

A caregiver can mark the attachments with weight restrictions for easy access when playing.

Sensory

Description

The support bar is stabilized in a doorway making the swinging space intimate for the child using the attachments.

The Rainy Day Therapist Kit encourages vestibular and proprioceptive sensory exploration through the resistance of gravity.

Swinging is very rhythmic and may help soothe a child who is overwhelmed or anxious.

The glider swing has a padded seat to provide comfort while swinging.

All attachments are bright and inviting in red, white and yellow.

The baby swing has a 2 point harness to secure and support child while swinging.

Skills

The Rainy Day Therapist Kit can provide sensory development by talking about and feeling the textures of the attachments. For example, the glider swing has multiple textures like plastic, rope and foam.

The attachments provide incentive, purpose and interest for the child to develop core strength.

Motor planning skills are developed as the child learns how to move and balance their bodies to swing.

Body awareness is promoted especially when children are using the glider swing depending on the width of the doorway.

The physical activity of swinging on the Rainy Day Therapist Kit gives children's bodies vestibular and proprioceptive input that has been shown to help focus and attention.

Action concepts like up and down or push and pull can be incorporated into play.

Play Ideas

A caregiver and child can share the hammock swing together to read a book or take a nap. *Note: Hammock and support bar weight limit is 175lbs.*

A caregiver can dim or turn the lights off while the child is swinging to create a calm and soothing swinging environment.

A caregiver can hang a fiber optic light in or around the doorway for the child to interact with visually and tactilely. *Note: This play idea must have constant adult supervision.*

A caregiver can hold a feather and tickle the child's bare feet each time he swings forward.

A caregiver and child can sing a song as the child swings or play the child's favorite music. The melodies of the music can assist further with the soothing rhythm of swinging.

A caregiver can set up a fan on the floor that will provide the child with white noise and a cool breeze while swinging.

Adaptation Ideas

A caregiver can set up yoga mats or kids' play mats in the doorway to add further sensory exploration when the child gets on and off the attachments.

